

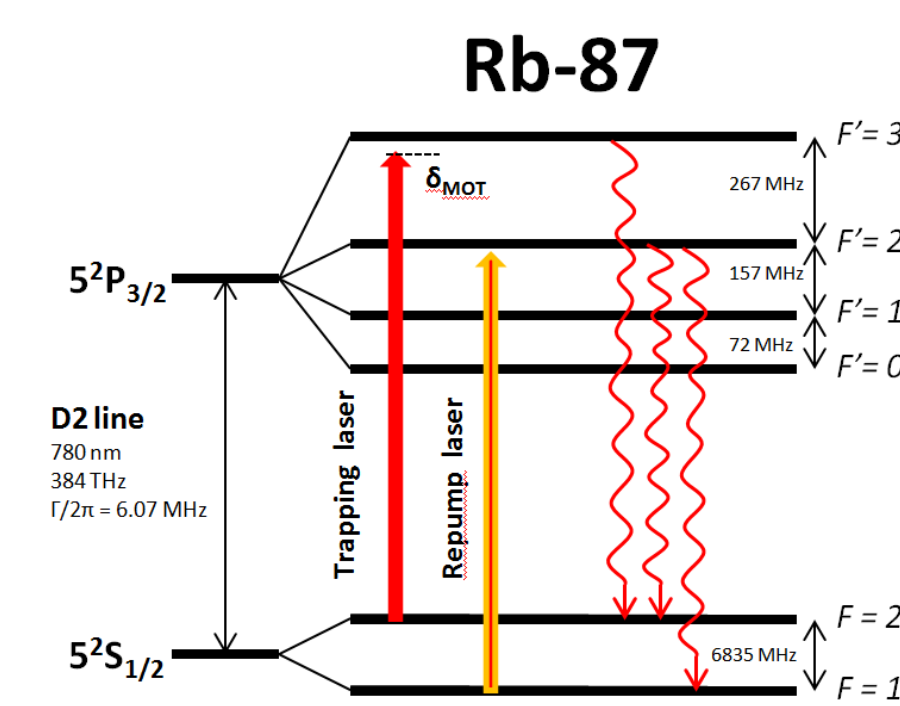
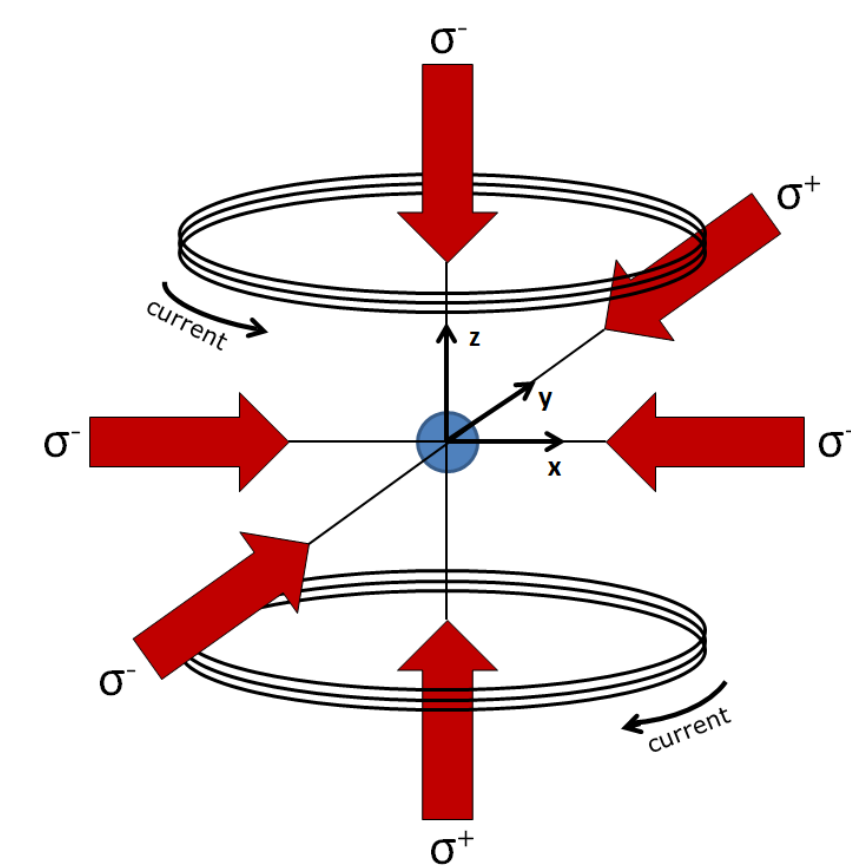
Abstract

The aim of our research is to **study self-oscillating, large ultracold atomic clouds in a Rubidium-87 Magneto-Optical Trap (MOT)**. By tuning the confinement forces in particular ways it is possible for the atoms to enter the self-oscillatory regime.

We call the self-oscillatory regime the **unstable regime**, and the regime, where we observe that the atoms do not move - the **stable regime**.

The research aims at addressing three questions:

- (1) What are the necessary parameters for entering the unstable regime?
- (2) What happens in the unstable regime?
- (3) What can be said about the structures in the unstable clouds?



Motivation

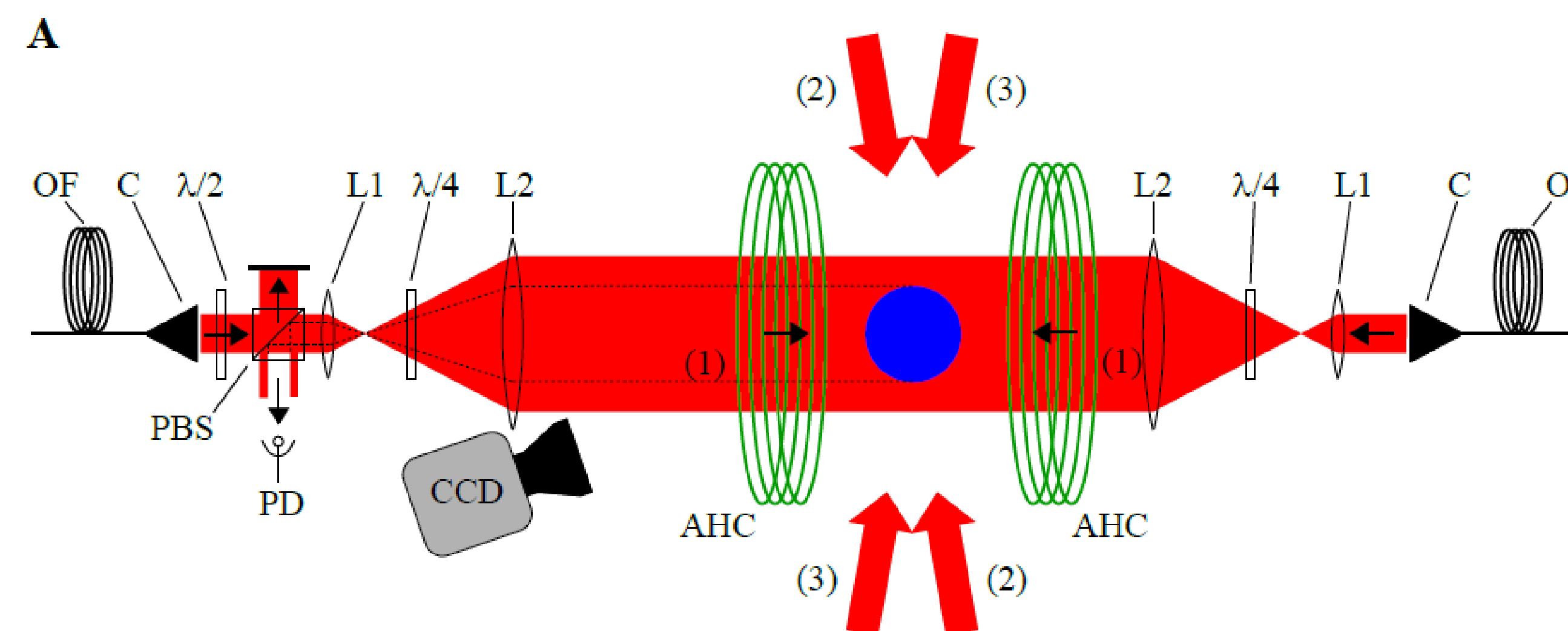
Apart from being of fundamental interest, the biggest motivating factor behind the research is a **suggested analogy between dynamics of cold atomic clouds, astrophysical systems and plasma physics** [1].

In the case of astrophysical systems, stars in the Hertzsprung-Russell diagram have been observed to exhibit pulsations based on the interplay between radiation pressure effects, which tend to increase the size of the star, and gravitational force, which provides a mechanism for the collapse [2]. In similar systems, such as confined plasmas, instabilities have also been observed to occur: here long-range Coulomb interaction is countered by a confining force to avoid an explosion of the plasma [3].

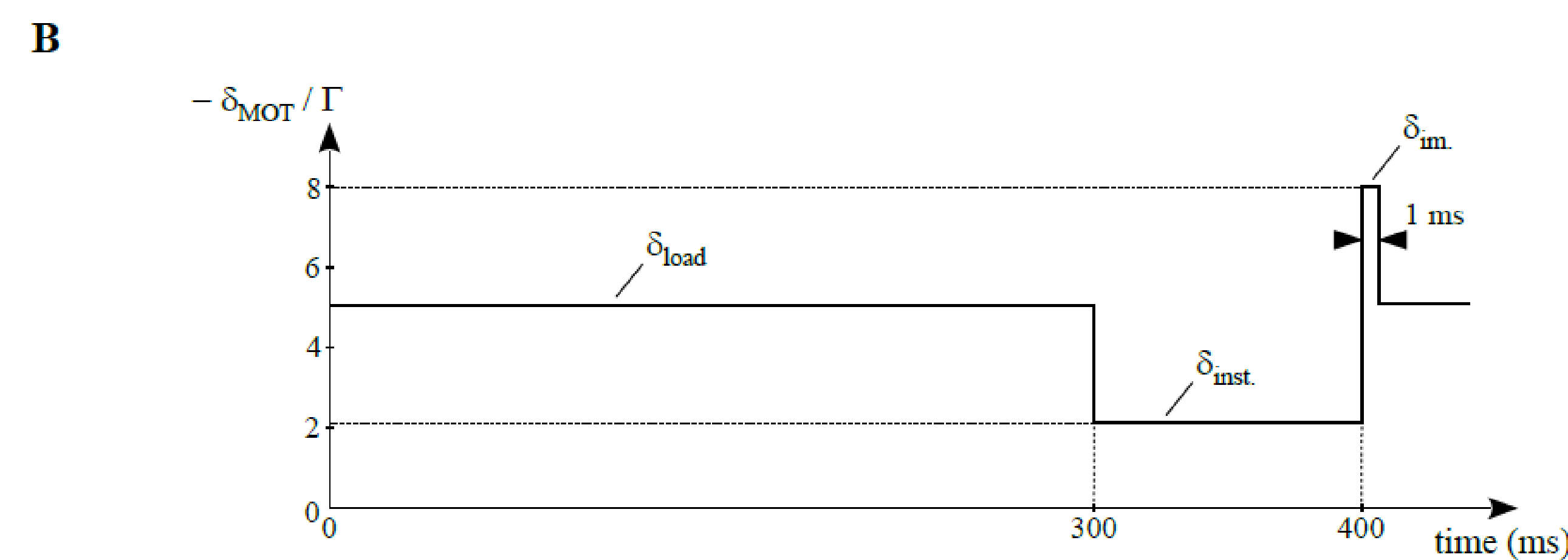
It would be extremely challenging to perform studies of the full dynamics of such systems, although, on the other side, **due to the existing analogies, we are presented with a great opportunity to study the hard-to-tackle systems**.

Experimental setup

The following experimental procedure **allows us to keep the number of atoms inside the MOT constant ($\sim 10^{10}$ atoms) as we vary the trap's magnetic field gradient, ∇B , and the cooling lasers' detuning δ from the trapping-transition.**

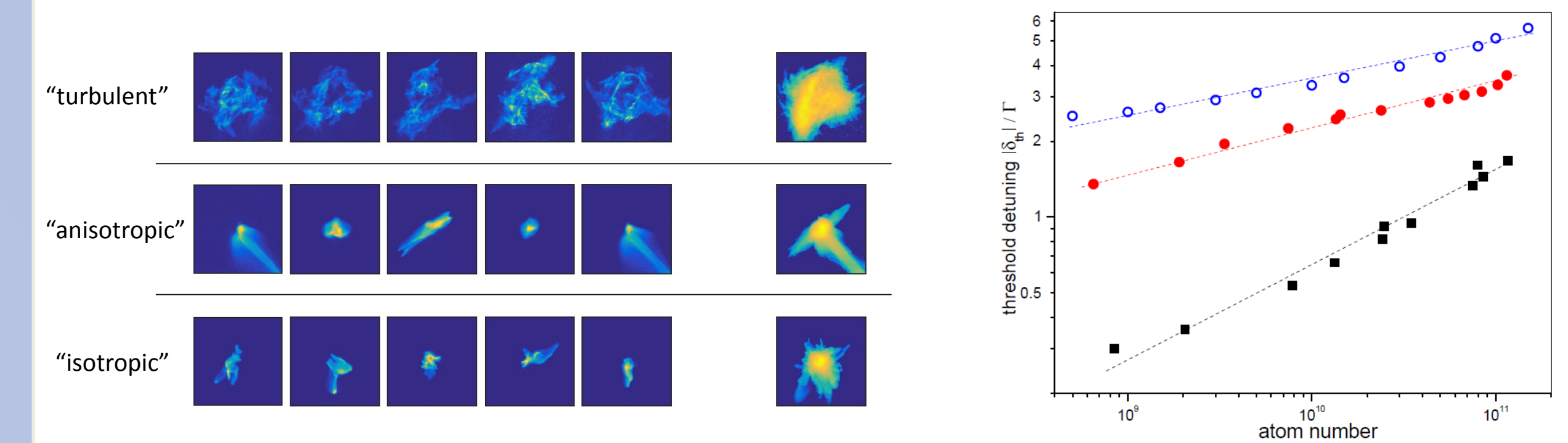


A: Details of the arrangement for one pair of MOT beams (1), with the other two pairs ((2) and (3)) being identical. The counter-propagating beams are delivered through optical fibers (OF) coupled to collimators (C). The beam intensities are balanced using a half-wave plate ($\lambda/2$) + polarizing beam splitter (PBS) assembly placed on the arm seen on the left. The beams are expanded to a waist of 4 cm using afocal telescopes (L1 + L2). Their polarization is adjusted using quarter-wave plates ($\lambda/4$). The magnetic field gradient is provided by a pair of anti-Helmholtz coils (AHC).



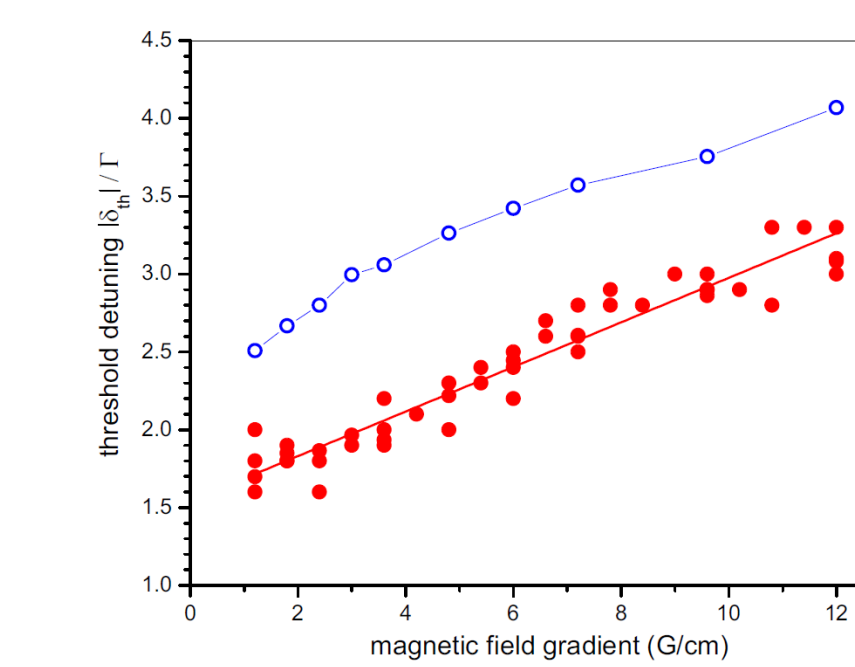
B: Timing of the experiment. A cycle is started by loading the MOT for 300 ms with a detuning δ_{load} (adjusted to maintain the number of atoms fixed during the measurements). The detuning is next jumped to δ_{inst} for 100 ms; this detuning is the detuning of the unstable phase. An image is finally acquired with a fixed detuning $\delta_{fm} = -8 \Gamma$.

MOT instabilities

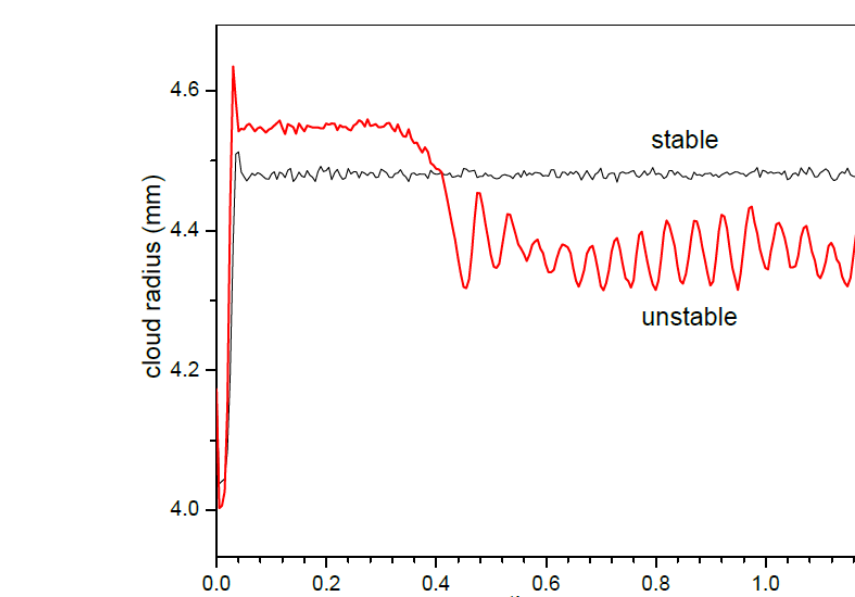


Single-shot images (5 to the left) and log-average image (right) of the unstable cloud; in the experiments belonging to the discovered instability regimes.

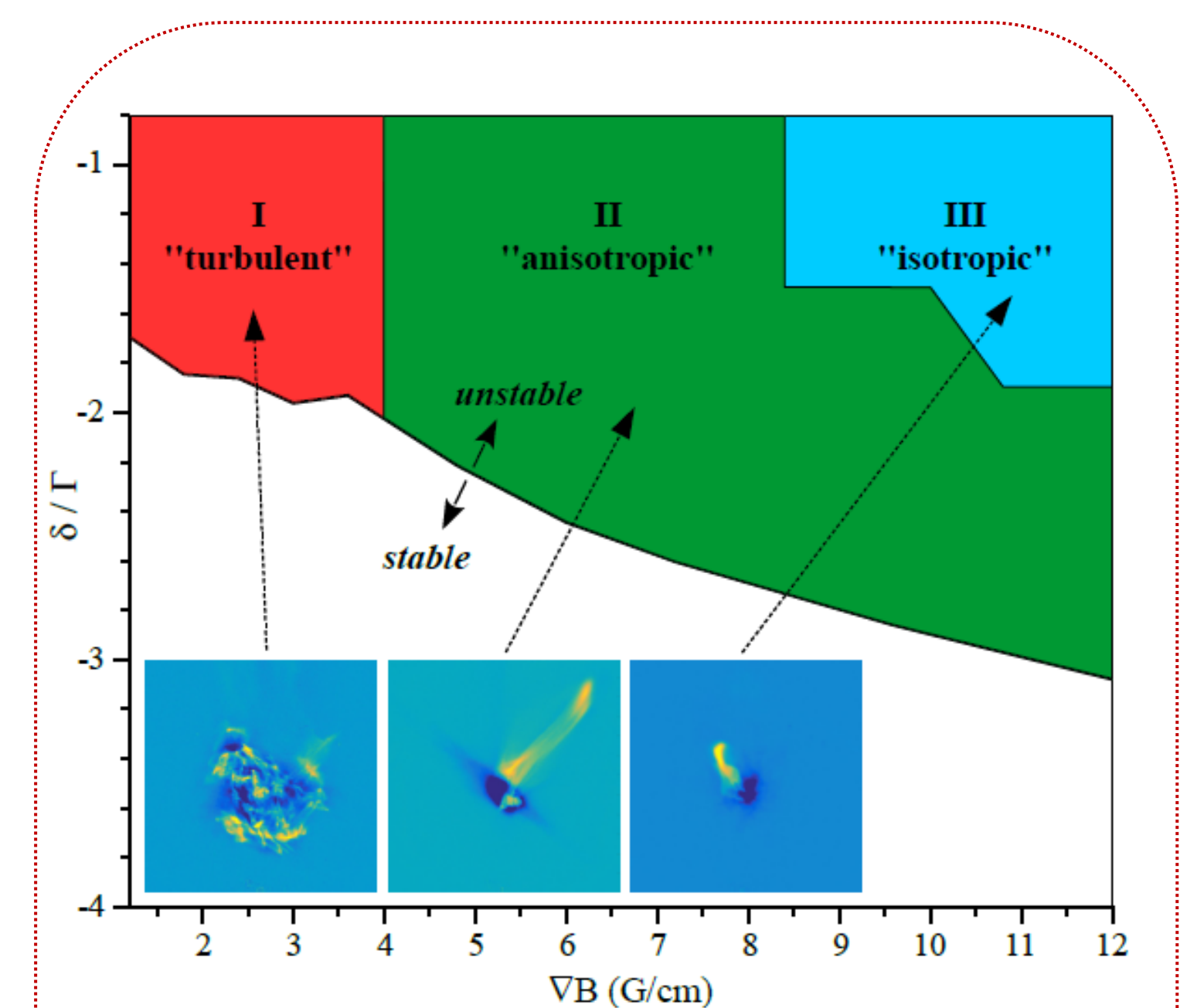
Instability threshold versus atom number. Experimental threshold (red dots) is compared to 3D simulations (blue circles) and a simple 1-zone model prediction [1] (black squares).



Instability threshold versus magnetic field gradient ($N = 1.5 \times 10^{10}$). The experimental data (including several runs) is shown as dots, with a linear fit (solid line). The circles correspond to the 3D simulation result.



Instability of the simulated 3D MOT. A sharp transition between stable and unstable cloud behavior is observed when cooling lasers' detuning δ is changed.



Discovery of different instability regimes (experiments).
 (I) **"Turbulent"**: Moderate fluctuations of COM position and RMS radius. Filament-like structures, complex motion.
 (II) **"Anisotropic"**: Large fluctuations of COM position and RMS radius. Deformations along MOT beams. Intermittent behavior.
 (III) **"Isotropic"**: Huge fluctuations of COM position and RMS radius. Statistically isotropic motion.

Conclusion

A study was performed on **spatio-temporal instabilities** taking place in a MOT containing a large number of atoms ($\sim 10^{10}$). **Three different instability regimes were discovered, and qualitative agreements were reached between the thresholds of experiments and three-dimensional (3D) simulations.**

References

- [1] G. Labeyrie et al., "Self-Sustained Oscillations in a Large Magneto-Optical Trap", *PRL* 96, 023003 (2006).
- [2] J. P. Cox, *Theory of Stellar Pulsation* (Princeton University Press, Princeton, New Jersey, 1980).
- [3] M. P. Evrard et al., *Plasma Phys.* 21, 999 (1979).
- [4] M. Gaudesius et al., "Instability threshold in a large balanced magneto-optical trap", *Phys. Rev. A* 101, 053626 (2020).